Efficient adventitious shoot regeneration from shoot tip culture of *Vanda coerulea*, a Thai orchid

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Received 13 Dec 2012 Accepted 20 May 2013

ABSTRACT: *Vanda coerulea* is a popular albeit endangered blue orchid of Thailand, which would be desirable to propagate using regeneration methods. Here, we studied the effects of culture media (Vacin and Went, and Murashige and Skoog), sucrose concentrations (0–30 g/l), and plant growth regulators (BA, TDZ, and NAA) on adventitious shoot regeneration from shoot tip culture of *V. coerulea*. Shoot tips cultured on modified Vacin and Went (VW) medium supplemented with 10 g/l sucrose showed higher shoot and root formations, as well as plantlet height than those cultured on Murashige and Skoog medium. Addition of 1 mg/l BA to the modified VW medium induced the best shoots and roots after 3 months of culture. The combination of 0.5 mg/l NAA and 2 mg/l TDZ gave the optimal number of roots per explant and plantlet height after 3 months of culture. Survival rate of plantlets cultured in the greenhouse was 100% after 3 months of culture. There were no differences in morphology or patterns of ploidy level between stock plants and regenerated plants.

KEYWORDS: VW, MS, BA, TDZ, NAA

INTRODUCTION

Vanda coerulea Griff. ex Lindl., known as blue orchid is the most popular Vanda species of Thailand. It is distributed in Northeast India, South China, Myanmar and Thailand. In Thailand, V. coerulea has a scattered distribution over 500 km range from western (Kanchanaburi province) to northern (Chiang Mai province) provinces. V. coerulea has become endangered because of environmental changes, deforestation, and wild orchid trade. It was included in Appendix I of the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES) since 1979 and then was transferred from Appendix I to Appendix II in 2005. It has a slow growth rate and is used in breeding programs to obtain blue-flowered vandaceous orchid hybrids; hence the numbers are decreasing in the natural habitats¹. Rapid propagation through tissue culture of V. coerulea is therefore urgently needed.

V. coerulea has been successfully cultured by using shoot tips and leaf base explants on Mitra, Prasad, and Roy medium² supplemented with 8.8 μ M 6-benzylaminopurine (BA) and 4.1 μ M α -naphthalene acetic acid (NAA)³. Malabadi, Mulgund, and

Nataraja⁴ cultured thin shoot tip sections on Vacin and Went (VW) medium⁵ supplemented with 11.35 μ M thidiazuron (TDZ) to produce protocorm-like bodies which later develop into shoots with 2–3 leaves. Shoots did produce roots when cultured on half strength VW medium supplemented with 11.42 μ M indole-3-acetic acid (IAA). However, these methods did not produce shoots and roots when culturing in the same medium. The objectives of this study were to examine the effects of media, concentrations of sucrose, cytokinins (BA and TDZ), and auxin (NAA) on shoot and root formations from shoot tip culture of *V. coerulea* to make an efficient adventitious shoot regeneration protocol.

MATERIALS AND METHODS

Plant material

Mature fruits from selfing of *V. coerulea*, harvested at 7 months after pollination, were used for this study. Fruits were cleaned to remove dead tissue, wiped with 70% ethyl alcohol and then brought inside a laminar air-flow cabinet, soaked in 95% ethyl alcohol for 1 min and flamed with lamp until the flame stopped. Fruits were cut and seeds were removed from the

fruits and then were sown on modified VW medium supplemented with 150 ml/l coconut water, 100 g/l banana, 10 g/l sucrose, 0.7 g/l activated charcoal, 8 g/l agar, and pH at 5.2. They were cultured at 25 ± 3 °C under illumination of about 37 µmol/m²/s provided by fluorescent tubes (Philips, Thailand) for 16 h/d. Shoot tips excised from plantlets were used in these experiments.

Effects of media and sucrose concentrations on shoot and root formations

For shoot and root formations, modified Vacin and Went⁵ (VW) or Murashige and Skoog⁶ (MS) media were used as basal medium. Shoot tips of 2–3 mm were excised under a stereo microscope from 2–3 cm long in vitro plantlets and placed on the culture medium. Various sucrose concentrations at 0, 5, 10, 15, 20, and 30 g/l were used as a carbon source. Shoot tips were cultured under the same conditions as previously described.

Effects of BA, TDZ, and NAA on shoot and root formations

Based on the results of the experiments, the most suitable medium and sucrose concentration were selected, and used for further investigation. The effects of BA, TDZ, and NAA alone or in combination with NAA were investigated. Shoot tips were cultured on the medium supplemented with BA at 1, 3, and 5 mg/l, TDZ at 0.1, 1, 2, and 4 mg/l, and NAA at 0.5 and 1.0 mg/l, each alone or in combination with NAA at 0.5 and 1.0 mg/l. Shoot tips were cultured under the same conditions as previously described.

Plant regeneration and transfer to the greenhouse

After 6 months of culture, shoots produced roots were separated and then cultured on modified VW medium. In vitro plantlets with 2–3 cm in height, 2–3 leaves, and 2–3 roots were removed from bottles. The plantlets were washed in water and transferred into pots filled with osmunda (tree fern fibre) in the greenhouse. Ten plantlets were planted in each pot. The survival rate was recorded after 3 months of culture in the greenhouse.

Ploidy stability analysis using flow cytometry (FCM)

To analyse ploidy stability, nuclei were isolated by chopping the leaves $(0.5 \times 0.5 \text{ cm})$ of plantlets developed from all treatments in 200 µl of nucleic acid extraction buffer following the addition of 1 ml DAPI solution (10 mM Tris, 50 mM sodium citrate, 2 mM MgCl₂, 0.1% (w/v) polyvinyl pyrrolidone (PVP), 0.1% (v/v) Triton X-100, 2 mg/l 4,6-diamidino-2-phenylindole (DAPI), pH at 7.5). After chopping the leaves, the suspension was filtered through 20 µm mesh size nylon filter. Nuclei were analysed with a flow cytometer (Partec Cell Analyzer, Germany)⁷. All chemicals used in this study were analytical grade.

Data collection and statistical analysis

After 3 months of culture, survival rate, number of shoots per explant, number of shoot buds per explant, size of protocorm-like bodies, number of roots per explant, number of leaves per explant, plantlet height, and root formation were recorded. Twenty explants were used for each treatment. The experiments were replicated twice and the mean standard errors of the results were calculated. Experiments were organized according to a completely randomized design. Data were subjected to ANOVA (using SPSS 17 for windows) and the means were compared using Duncan's test.

RESULTS

Effects of media and sucrose concentrations on shoot and root formations

The shoot tips were able to grow on either modified VW or MS media. Significant differences were observed between media and sucrose concentrations for survival rate, number of shoots per explant, size of protocorm-like bodies, root formation, number of roots per explant, number of leaves per explant, and plantlet height (Table 1).

After 3 months of culture, the survival rate of shoot tips cultured on modified VW and MS media was about 50–87% and $\leq 40\%$, respectively. The highest number of shoots (2 shoots/explant), root formation (100%), number of roots (2.3 roots/shoot), and plantlet height (0.8 cm) were observed on modified VW medium supplemented with 10 g/l sucrose (Table 1). Shoot tips grown on MS medium formed protocorm-like bodies and the size of protocorm-like bodies was increased when sucrose concentration decreased on MS medium and had the highest size of 0.7 cm in the MS medium without sucrose. Shoot tips grown on modified VW medium did not form protocorm-like bodies at any sucrose concentration (Table 1).

Effects of sucrose concentrations were observed on the root formation. Rooting occurred on modified VW medium supplemented with and without sucrose while plantlets grew on MS medium without sucrose did not produce any roots (Table 1). Modified VW ScienceAsia 39 (2013)

Medium	Sucrose (g/l)	Survival rate (%)	Number of shoots per explant	Size of protocorm-like bodies (cm)	Root formation (%)	Number of roots per explant	Number of leaves per explant	Plantlet height
VW	0	56.7 ± 9.2^{bc}	$1.1\pm0.1^{\rm bc}$	0 ^e	$88.2\pm8.1^{\rm a}$	2.0 ± 0.3^{ab}	$3.1\pm0.2^{\mathrm{a}}$	$0.4 \pm 0.1^{\rm bc}$
	5	$50.0\pm9.3^{\rm c}$	$1.0\pm0.0^{ m bc}$	0^{e}	$73.3 \pm 11.8^{\text{b}}$	1.8 ± 0.4^{ab}	2.7 ± 0.3^{ab}	$0.4\pm0.1^{\mathrm{bc}}$
	10	75.0 ± 9.3^{b}	$2.0\pm0.1^{\rm a}$	0^{e}	$100.0\pm0.0^{\rm a}$	$2.3\pm0.3^{\rm a}$	2.9 ± 0.1^{ab}	0.8 ± 0.1^{a}
	15	86.7 ± 6.3^a	$1.0\pm0.0^{ m bc}$	0^{e}	$96.2\pm3.9^{\rm a}$	2.1 ± 0.2^{ab}	2.9 ± 0.2^{ab}	0.7 ± 0.1^{ab}
	20	80.0 ± 7.4^{ab}	$1.3\pm0.1^{\rm b}$	0^{e}	$75.0\pm9.0^{\rm b}$	1.8 ± 0.3^{ab}	2.3 ± 0.2^{ab}	$0.5\pm0.1^{\rm b}$
	30	86.7 ± 6.3^a	$1.0\pm0.0^{\rm bc}$	$0^{\rm e}$	88.2 ± 8.1^{a}	2.0 ± 0.3^{ab}	3.1 ± 0.2^a	$0.4\pm0.1^{\mathrm{bc}}$
MS	0	26.7 ± 8.2^{d}	$0.3\pm0.2^{\rm c}$	$0.7\pm0.2^{\mathrm{a}}$	$0^{\rm e}$	0^{c}	$0.5\pm0.3^{\rm c}$	$0.1\pm0.1^{\rm d}$
	5	40.0 ± 9.1^{cd}	$0.9\pm0.1^{ m bc}$	0.1 ± 0.1^{d}	83.3 ± 11.2^{a}	1.1 ± 0.3^{ab}	2.6 ± 0.3^{ab}	$0.3\pm0.0^{\rm c}$
	10	33.3 ± 8.8^{cd}	$0.8\pm0.1^{ m bc}$	$0.2\pm0.1^{ m c}$	$70.0\pm15.3^{\rm b}$	1.2 ± 0.3^{ab}	2.8 ± 0.5^{ab}	$0.4\pm0.1^{\mathrm{bc}}$
	15	$16.7\pm6.9^{\mathrm{de}}$	$1.0\pm0.3^{\mathrm{bc}}$	$0.3\pm0.3^{\mathrm{b}}$	$40.0\pm24.5^{\rm d}$	$0.8\pm0.6^{\rm b}$	2.6 ± 0.9^{ab}	$0.5\pm0.2^{\rm b}$
	20	$26.7\pm8.2^{\rm d}$	$1.4\pm0.3^{\rm b}$	0^{e}	$75.0\pm16.4^{\text{b}}$	1.8 ± 0.5^{ab}	3.3 ± 0.3^{a}	0.6 ± 0.1^{ab}
	30	$26.7\pm8.2^{\text{d}}$	$1.4\pm0.3^{\rm b}$	0 ^e	75.0 ± 16.4^{b}	1.8 ± 0.5^{ab}	3.3 ± 0.3^{a}	0.6 ± 0.1^{ab}

 Table 1 Effects of modified VW and MS media and sucrose concentrations on shoot and root formations through in vitro shoot tips of *V. coerulea* after 3 months of culture.

Mean \pm standard error. In each column, similar letters mean no significant difference at $p \le 0.05$ by Duncan's test.

medium supplemented with 150 ml/l coconut water, 100 g/l banana and 0.7 g/l activated charcoal induced root formation. The results showed that activated charcoal adsorbed phenolic compounds on modified VW medium. The colour of MS medium changed from white to brown after culturing plantlets for 3 months. Such change was not seen on modified VW medium.

Effects of BA, TDZ, and NAA on shoot and root formations

Significant differences were observed among concentrations of BA, TDZ, and NAA used alone or in combination with NAA for survival rate, number of shoot buds, number of shoots (Table 2), root formation, number of roots, number of leaves, and plantlet height (Table 3).

The highest survival rate (97.5%) was observed when shoot tips were cultured on modified VW medium supplemented with 1 mg/l BA in combination with 0.5 mg/l NAA (Table 2). Modified VW medium supplemented with NAA or TDZ alone and TDZ in combination with NAA have induced shoot buds from shoot tips after 3 months of culture but the frequency of shoot buds and shoot formation was less when compared to medium supplemented with BA (Fig. 1a). No significant differences of shoot formation when shoot tips were cultured on modified VW medium supplemented with 1 mg/l BA and 2 mg/l TDZ in combination with 0.5 mg/l NAA but the highest number of shoot buds (8.7 shoot buds/explant) (Fig. 1b) and number of shoots (5.3 shoots/explant) were observed

Table 2 Effects of BA, TDZ, and NAA on % response and morphogenesis through in vitro derived shoot tips of *V. coerulea* on modified VW medium after 3 months of culture.

Plant growth regulator (mg/l)			Survival rate (%)	Number of shoot buds	Number of shoots per
BA	NAA	TDZ		per explant	explant
_	_	_	$75.0\pm6.9^{\rm b}$	$2.2\pm1.2^{\mathrm{bc}}$	2.0 ± 0.3^{cd}
1.0	-	-	75.0 ± 6.9^{b}	8.7 ± 3.9^{a}	$5.3 \pm 1.0^{\mathrm{a}}$
3.0	-	-	67.5 ± 7.5^{cd}	$0.9\pm0.8^{ m cd}$	3.7 ± 1.1^{ab}
5.0	_	_	$90.0 \pm 4.8^{\mathrm{ab}}$	0.7 ± 0.4^{d}	$2.2\pm0.4^{\rm c}$
_	0.5	_	$95.0\pm3.5^{\rm a}$	0.9 ± 0.6^{cd}	$2.5 \pm 0.3^{\rm bc}$
_	1.0	_	$75.0\pm6.9^{\mathrm{b}}$	0.7 ± 0.5^{d}	$2.2\pm0.4^{\rm c}$
_	_	0.1	$87.5\pm5.3^{ m ab}$	$1.9\pm0.9^{\circ}$	3.8 ± 0.5^{ab}
-	-	1.0	$70.0\pm7.3^{\circ}$	$1.4\pm0.7^{ m c}$	$2.3\pm0.4^{ m c}$
-	-	2.0	$70.0\pm7.3^{\circ}$	0.6 ± 0.3^{d}	2.8 ± 0.6^{b}
_	-	4.0	70.0 ± 7.3^{c}	$0.2\pm0.1^{ m f}$	1.7 ± 0.2^{d}
1.0	0.5	_	$97.5\pm2.5^{\mathrm{a}}$	0.4 ± 0.2^{de}	$2.1 \pm 0.3^{\circ}$
3.0	0.5	_	80.0 ± 6.4^{ab}	3.5 ± 1.9^{b}	2.7 ± 0.4^{b}
5.0	0.5	_	$75.0\pm6.9^{\mathrm{b}}$	3.2 ± 1.9^{b}	2.9 ± 0.3^{b}
1.0	1.0	_	75.0 ± 6.9^{b}	3.5 ± 2.0^{b}	$2.4 \pm 0.4^{\circ}$
3.0	1.0	_	$80.0\pm6.4^{\mathrm{ab}}$	1.3 ± 0.9^{c}	$2.6\pm0.4^{\mathrm{bc}}$
5.0	1.0	_	$77.5\pm6.7^{\mathrm{ab}}$	3.1 ± 1.6^{b}	$2.8\pm0.4^{ m b}$
_	0.5	0.1	$72.5\pm7.2^{\mathrm{bc}}$	$2.2 \pm 1.1^{\mathrm{bc}}$	2.8 ± 0.4^{b}
_	0.5	1.0	$72.5\pm7.2^{\mathrm{bc}}$	0.4 ± 0.1^{de}	1.8 ± 0.3^{d}
_	0.5	2.0	92.5 ± 4.2^{ab}	1.6 ± 0.7^{c}	$4.9\pm0.9^{\mathrm{a}}$
_	0.5	4.0	$87.5\pm5.3^{\mathrm{ab}}$	0.7 ± 0.1^{d}	1.4 ± 0.2^{c}
_	1.0	0.1	80.0 ± 6.4^{ab}	$0.3 \pm 0.2^{\text{e}}$	$2.5\pm0.4^{\mathrm{bc}}$
_	1.0	1.0	82.5 ± 6.1^{ab}	0.3 ± 0.2^{e}	1.9 ± 0.4^{cd}
_	1.0	2.0	67.5 ± 7.5^{cd}	1.0 ± 0.7^{c}	$2.5\pm0.5^{\mathrm{bc}}$
_	1.0	4.0	85.0 ± 5.7^{ab}	$0.6\pm0.3^{\rm d}$	$2.3\pm0.5^{\circ}$

Mean \pm standard error. In each column, similar letters mean no significant difference at $p \leq 0.05$ by Duncan's test.

on modified VW medium supplemented with 1 mg/l BA (Fig. 1c).

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Fig. 1 Development of *V. coerulea* plantlets through in vitro shoot tips. A shoot tip formed shoot buds after (a) 4 weeks, (b) 6 weeks, and (c) 8 weeks of culture on modified VW medium supplemented with 1 mg/l BA. Roots induced through in vitro shoot tips were cultured on modified VW medium supplemented the combination of 0.5 mg/l NAA and 2 mg/l TDZ after (d) 9 weeks, (e) 10 weeks, and (f) 12 weeks of culture. Scale bar: a-f = 1 cm.

BA concentrations above 3 mg/l reduced shoot buds and shoot formation (Table 2). The combination of BA with NAA inhibited shoot formation but increased shoot bud formation when compared to BA alone. These results showed that higher TDZ concentration reduced shoot regeneration. A lower concentration of TDZ (0.1 mg/l) induced high frequency of shoot regeneration (3.8 shoots/explant). The combination of 2 mg/l TDZ with 0.5 mg/l NAA induced higher formation of shoots (4.9 shoots/explant) than TDZ or NAA alone. The highest plantlet (3.0 cm) was observed on modified VW medium without plant growth regulator.

TDZ can be used at a lower concentration than BA. TDZ produced shoots at concentration below 1 mg/l. In the rooting, shoots produced roots on modified VW medium in all treatments (Table 3). The number of shoots produced roots (62.2%) were observed when shoot tips were cultured on modified VW medium supplemented with 2 mg/l TDZ in combination with 0.5 mg/l NAA, number of roots/shoot was 2.5 roots/shoot (Fig. 1c–f). These results showed that activated charcoal induced root formation without adding plant growth regulator (control group).

Plant regeneration and ploidy level stability

After 3 months of culture, shoots produced roots, they were separated and cultured on modified VW medium without plant growth regulator. The size of **Table 3** Effects of BA, TDZ, and NAA on root formation and growth of plantlets through in vitro shoot tips of *V. coerulea* on modified VW medium after 3 months of culture.

Plant growth regulator (mg/l)			Root formation	Number of roots per	Number of leaves per	Plantlet height	
BA	NAA	TDZ	(%)	explant	explant	(cm)	
-	-	-	$20.0\pm7.4^{\rm d}$	$0.8\pm0.3^{\rm c}$	0.3 ± 0.1^{a}	3.0 ± 0.02^{a}	
1.0	-	-	62.7 ± 9.3^a	1.4 ± 0.3^{ab}	$0.3\pm0.1^{\circ}$	2.7 ± 0.02^{bc}	
3.0	_	_	37.0 ± 9.5^{c}	0.7 ± 0.2^{c}	0.4 ± 0.1^{b}	3.0 ± 0.02^a	
5.0	-	-	19.4 ± 6.7^{d}	$0.8\pm0.5^{\rm c}$	0.4 ± 0.1^{b}	2.9 ± 0.02^{ab}	
_	0.5	_	21.1 ± 6.7^{d}	$1.0 \pm 0.4^{\rm c}$	$0.5\pm0.1^{\mathrm{a}}$	2.8 ± 0.1^{b}	
_	1.0	-	13.3 ± 6.3^{de}	$0.8\pm0.5^{\rm c}$	0.4 ± 0.1^{b}	3.0 ± 0.02^a	
_	_	0.1	28.6 ± 7.8^{cd}	$1.0 \pm 0.4^{\rm c}$	0.5 ± 0.2^{a}	2.6 ± 0.03^{c}	
_	_	1.0	21.4 ± 7.9^{d}	$0.4\pm0.2^{\rm cd}$	0.4 ± 0.1^{b}	3.0 ± 0.02^a	
_	-	2.0	28.6 ± 8.7^{cd}	$1.0 \pm 0.4^{\rm c}$	0.5 ± 0.1^{a}	3.0 ± 0.02^a	
_	_	4.0	21.4 ± 7.9^{d}	$0.8\pm0.3^{\rm c}$	0.4 ± 0.1^{b}	2.9 ± 0.02^{ab}	
1.0	0.5	_	10.3 ± 4.9^{de}	1.3 ± 0.4^{b}	0.4 ± 0.1^{b}	3.0 ± 0.02^{a}	
3.0	0.5	-	37.5 ± 8.7^{c}	1.0 ± 0.3^{b}	0.4 ± 0.1^{b}	2.8 ± 0.02^{b}	
5.0	0.5	-	50.0 ± 9.3^{ab}	1.5 ± 0.3^{ab}	0.4 ± 0.1^{b}	$2.6\pm0.02^{\rm c}$	
1.0	1.0	-	53.3 ± 9.3^{ab}	1.6 ± 0.4^{ab}	0.4 ± 0.1^{b}	$2.8\pm0.02^{\rm b}$	
3.0	1.0	-	28.1 ± 8.1^{cd}	$0.8\pm0.2^{\rm c}$	0.4 ± 0.1^{b}	$2.6\pm0.02^{\rm c}$	
5.0	1.0	_	$41.9 \pm 9.0^{\rm bc}$	1.1 ± 0.3^{b}	0.4 ± 0.1^{b}	2.7 ± 0.02^{bc}	
_	0.5	0.1	48.3 ± 9.4^{b}	1.1 ± 0.3^{b}	0.4 ± 0.1^{b}	2.7 ± 0.02^{bc}	
_	0.5	1.0	37.9 ± 9.2^{c}	$0.9\pm0.3^{\mathrm{bc}}$	0.5 ± 0.1^{a}	$2.8\pm0.02^{\rm b}$	
_	0.5	2.0	62.2 ± 8.1^{a}	2.5 ± 0.5^a	0.4 ± 0.1^{b}	2.5 ± 0.02^{c}	
_	0.5	4.0	11.4 ± 5.5^{de}	0.2 ± 0.1^{d}	0.5 ± 0.1^{a}	2.7 ± 0.01^{bc}	
-	1.0	0.1	$21.9\pm7.4^{\rm d}$	0.4 ± 0.2^{cd}	0.4 ± 0.1^{b}	$2.5\pm0.02^{\rm c}$	
_	1.0	1.0	30.3 ± 8.1^{cd}	$0.7\pm0.2^{\rm c}$	0.5 ± 0.1^{a}	$2.8\pm0.02^{\rm b}$	
_	1.0	2.0	$44.4 \pm 9.8^{\mathrm{bc}}$	$0.9\pm0.2^{\rm c}$	0.4 ± 0.1^{b}	2.7 ± 0.02^{bc}	
_	1.0	4.0	38.2 ± 8.5^{c}	$0.8\pm0.2^{\rm c}$	$0.4\pm0.1^{\rm b}$	2.5 ± 0.03^{c}	

Mean \pm standard error. In each column, similar letters mean no significant difference at $p \leq 0.05$ by Duncan's test.



Fig. 2 Development of *V. coerulea* plantlets on modified VW medium without plant growth regulator. (a–b) after 2 months of culture. (c) 3-month-old plantlets grown in the greenhouse. Scale bar: a-c = 1 cm.



Fig. 3 Histogram showing ploidy levels in leaves of *V. coerulea* from (a) 6-month-old stock plants and (b) regenerated plants.

shoots increased after 1 month of culture and plantlets developed roots after 3 months of culture (Fig. 2a–b). The plantlets with 2–3 cm in height, 2–3 leaves, and 2–3 roots were removed from the bottle. The rooted shoots were washed in water and transplanted into pots filled with osmunda. Survival rate of plantlets after 3 months of culture in the greenhouse was 100% (Fig. 2c). A similar pattern of ploidy level was detected by flow cytometry from the leaves of both stock plants and regenerated plants (Fig. 3).

DISCUSSION

There are many different media used for epiphytic orchid culture, such as MS, VW, Kundson (KC), and New Dogashima. Lakshmanan et al⁸ reported that the three basal media (VW, KC, and MS) were used and VW and KC were found to be equally suitable for thin section culture from shoot tip of hybrid Aranda Deborah. Carbon sources are added to the culture medium because of the light energy deficiency and low CO₂ concentration presented conditions in vitro. Plant cultures in vitro often show a low photosynthetic rate and incomplete autotrophy⁹. Sugar acts as a carbon and energy source and acts as an osmotic regulator in the induction medium¹⁰. Sucrose is the most frequently used but glucose, fructose, sorbitol, maltose, and other sugars are also used¹¹. Sucrose concentrations of 20-30 g/l are the most commonly used in orchid tissue culture. The results showed that shoots can be regenerated from shoot tips on modified VW and MS medium. Modified VW medium supplemented with high sucrose concentration (30 g/l)did not produce high number of new shoots, similar to reported proliferation and rooting of Pyrus syriaca in vitro¹². In addition, high concentration of sucrose on MS medium increased shoots and number of roots. The presence of 60 g/l sucrose in the medium was the most efficient for increasing height and fresh weight of *Dendrobium nobile* in vitro culture⁹. The presence of sucrose in the culture medium caused protocorm formation in *Phalaenopsis*¹³. The highest root formation was observed on the modified VW medium supplemented with 10 g/l sucrose. The root formation was inhibited on modified VW medium supplemented with high sucrose concentrations. Increasing sucrose or fructose concentrations inhibited root formation of *Pyrus syriaca*¹². In addition, root formation on MS medium required sucrose. Shoot tips of V. coerulea formed protocorm-like bodies on MS medium. The size of protocorm-like bodies was increased when sucrose concentration decreased on MS medium and had the highest size of 0.7 cm in the MS medium without sucrose. However, shoot tips grown on modified VW medium did not form protocorm-like bodies at all sucrose concentrations. The addition of 150 ml/l coconut water and 100 g/l banana in modified VW medium induced shoot and root formations in vitro (control group). It was supported by the results of Sinha and Roy¹⁴. Activated charcoal in the medium enhanced the induction of roots¹⁵. In this study, the addition of activated charcoal on modified VW medium enhanced root formation without increasing sucrose or plant growth regulators. This is similar to a previous study on shoot multiplication and rooting of some new banana cultivars¹⁶. Activated charcoal affects shoot proliferation, improves aeration and adsorbs ethylene which can inhibit growth and proliferation¹⁷.

Two main groups of plant growth regulator are used in media for plant culture. These are cytokinins and auxins^{18,19}. Types and concentrations of cytokinins (BA and TDZ) and concentrations of NAA affected shoot and root formations of V. coerulea. Low concentrations of cytokinins (1-3 mg/l BA) increased shoot buds and shoot formation, but 5 mg/l BA decreased shoot and root formations of V. coerulea. Previously, Seeni and Latha³ reported that the combination of 2 mg/l BA and 0.76 mg/l NAA induced shoot formation from V. coerulea leaves. TDZ is a substituted phenyl urea with cytokinin-like activity. It is useful for plant regeneration of several species through organogenesis and promotes shoot formation in vitro shoot formation in several orchid species²⁰. TDZ was efficient to induce direct somatic embryogenesis from leaf explants but it was ineffective to induce somatic embryogenesis from root of Oncid $ium^{21,22}$. TDZ alone or in combination with auxins has been used to induce embryogenesis in Cymbidium ensifolium²³, Oncidium²², protocorm-like bodies in Doritaenopsis²⁴ and Doritaenopsis hybrid²⁵. The results suggested that 0.1 mg/l TDZ induced high shoot formation from shoot tips of V. coerulea. TDZ concentration higher than 0.1 mg/l reduced shoot formation, as has been reported for Doritaenopsis hybrid²⁴ and Cymbidium sinense²⁶. Comparing the effects of BA and TDZ at different levels on shoot formation of V. coerulea, it was found that TDZ can be used at a much lower concentration than BA, in agreement with a previous study²⁵. In this study, not only shoots could be promoted from shoot tips, but also roots were formed simultaneously from shoots in all treatments. The combination of 0.5 mg/l NAA and 2 mg/l TDZ was found to be the best for number of roots per explant of V. coerulea. In contrast, rooting V. coerulea shoots occurred in Mitra, Prasad, and Roy medium² containing 35 g/l banana pulp and 1.08 uM NAA within 3-4 weeks³. Cultured thin V. coerulea shoot tip sections on VW medium supplemented with 11.35 µM TDZ did produce protocorm-like bodies that later develop into shoots with 2-3 leaves, but the shoots produced roots when cultured on half strength VW medium supplemented with 11.42 μ M IAA⁴, these methods did not produce shoots and roots from the same medium. Nuclei isolated from leaves of stock plants and regenerated plants of V. coerulea did not have the effect on ploidy levels of V. coerulea

detected by flow cytometry, and no morphological variation between stock plants and regenerated plants of *V. coerulea* plantlets developed from shoot tips was observed.

Acknowledgments: This work was supported by Royal Golden Jubilee Ph.D. Program, Thailand Research Fund, Thailand. We thank Prof. Dr Masahiro Mii from Faculty of Horticulture, Chiba University for flow cytometry analysis and Japan Horticultural Production and Research Institute, Matsudo, Chiba, Japan for doing this study.

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